

# Canskate Manual

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## **Canskate Manual**

The CanSkate Manual contains: a) Program information b) CanSkate skill descriptions and standards c) Program Assistant Training information d) Templates and tools e) Lesson plans, and more. You may also like... CanSkate Web Banner - Twitter 800 x 418 (French) CanSkate Web Banner - Twitter 800 x 418 (English)

## **CanSkate Manual (English) - Materials Catalogue**

The CanSkate Manual contains all the information needed to deliver the CanSkate program at your club or skating school.

## **CanSkate Guide - Skate Canada**

The CanSkate Manual contains all the information clubs, skating

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schools and coaches need to deliver the CanSkate program.  
Updated 2019/01/21

## **CanSkate Manual (French) - Materials Catalogue**

This workbook assists coaches with information and guidance when training Program Assistants at their club or skating school. For other materials related to Program Assistant training see the Program Assistant PowerPoint and Evaluation Form. You may also like... CanSkate Program Assistant Workbook (French)

## **CanSkate Program Assistant Workbook (English) - Materials ...**

A minimum of one Skate Canada NCCP CanSkate Coach, In-training or higher, on the ice always, who is registered and in good standing. All coaches teaching the CanSkate program must be wearing skates or in a sled (sledge hockey). All participants must be registered with Skate Canada.

## **Program Requirements and Delivery Standards - CanSkate**

Read Book Canskate Manual Templates and tools e) Lesson plans, and more. CanSkate Manual (French) – Materials Catalogue CanSkate Manual (English) The CanSkate Manual contains all the information clubs, skating schools and coaches need to deliver the CanSkate Page 6/26

## **Canskate Manual - [cdnx.truyenyy.com](http://cdnx.truyenyy.com)**

The NCCP CanSkate context prepares coaches to teach skating at the Learn to Skate stage of development as well as deliver the CanSkate program. Coaches are introduced to biomechanics, skill analysis and quality delivery standards. CanSkate Coaches are eligible to coach at the CanSkate level only. Notice Board: CanSkate Coach Update

## **Coach Guide - Skate Canada**

Related products. Program Assistant Evaluation Form (French) Read more; CanSkate Manual (French) Read more; CanSkate Award Poster – 12 x 18 (English)

## **CanSkate Name Tag Template - Materials Catalogue**

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ABOUT CANSKATE CanSkate focuses on learning the essential skating skills needed to partake figure skating, hockey, or recreational skating in the future. CanSkate is designed for children, ages 5+ with little or some skating experience.

## **CANSKATE - Canadian Ice Academy**

CanSkate is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development. Based on Sport Canada's long term athlete development (LTAD) principles, CanSkate centers on physical literacy and the fundamental skills needed to take part in any ice sport or to skate as a recreational activity.

## **CanSkate - Skate Ontario**

A CanSkate promotional poster where clubs or skating schools can add their name and website address. Great for bulletin boards. Note that this product is available in fillable PDF format. Once customized, it must be converted to JPG or PNG format before it can be used on your website. Instructions for converting your file can be found here ...

## **CanSkate Poster - Customizable (English) - Materials Catalogue**

CanPowerSkate is a Skate Canada program that has been designed to enhance the skating skills needed for both hockey and ringette players in the Learn to Train stage of development. Below you will find everything you need to deliver this program at your club or skating school.

## **CanPowerSkate Guide - Skate Canada**

Full lesson plans, progressions and teaching tools are found in the CanSkate Manual (Lesson Plans). All CanSkate sessions must adhere to the 'Program Requirements and Delivery Standards - CanSkate WITH COVID-19 CONSIDERATIONS'. Note: All circuits use 3-station format, with a maximum of 12 skaters per group.

## **Sample Circuit Diagrams (with COVID-19 considerations**

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CanSkate uses a badge and ribbon award system to help reward skaters for achieving different skills in three areas: Balance,

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Control and Agility. LFSC CanSkate Sessions ensure each skater receives instruction in each of the skill areas each and every skating day. Lesson time is maximized to provide the most instruction possible.

## **Parent + Tot PreCanSkate & CanSkate :: Leduc Figure ...**

No username or password? To create a username and password for this site you must request and redeem an invitation code using the links below.

## **Home · Custom Portal**

CS Manual - Sample Songs SC Materials Store - CS Music - Use age appropriate music for the entire session - Music that is fun and energizing, and contains signals to indicate session segment changes (for example, fast track laps and station rotation) Teaching Aids Teaching aids help make a CanSkate session welcoming and fun. They add colour,

## **SKATE ONTARIO CanSkate Excellence RESOURCE CHART**

Assessments. Skaters are assessed the first time they take a session with our club to ensure they are placed in the correct group for lessons. They are continuously assessed and will be moved to another group as soon as they are ready.

## **Assessments :: CBS Skating Club**

CanSkate - Colouring Sheet: Awesome Skating (French) Read more; Related products. CanSkate Web Banner - Twitter 800 x 800 (French) Read more; CanSkate Web Banner - Facebook (English) Read more; CanSkate Manual (English) Read more; CanSkate - Colouring Sheet: Be Safe...Wear A Helmet (English) CanSkate - Colouring Sheet: #1 Skater (English)

## **CanSkate - Colouring Sheet: Awesome Skating (English ...**

A good CD is vital to running a smooth CanSkate session. You can find resources from your CanSkate Manual (PG 3-7 to 3-9) or online. I am going to walk you through what I used for my CanSkate and other ideas. Now I did create this CD before they had come out with the online suggestions,...

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